

National family, carer and kin peak body

About MHCA



A national **systemic** advocacy organisation with seven current members We are currently an incorporated association















MHCA's current work and areas of interest

MentalHealthCarers Australia

- National Carer Strategy
- NDIS
- Psychosocial supports outside of the NDIS
- National Suicide Prevention Strategy
- Carer Gateway

Also...

- Meeting with departmental representatives (Health and DSS)
- Meeting with sector representatives

MentalHealthCarers Australia

Our asks

- Relational approaches to system and service design
- Families, carers and kin embedded in governance structures
- Families designed into (and not out of) services and programs
- Better and more responsive services so families and carers can:
 - recover their identity, including identity of their relationship with the person they support
 - engage and re-engage in economic and social life

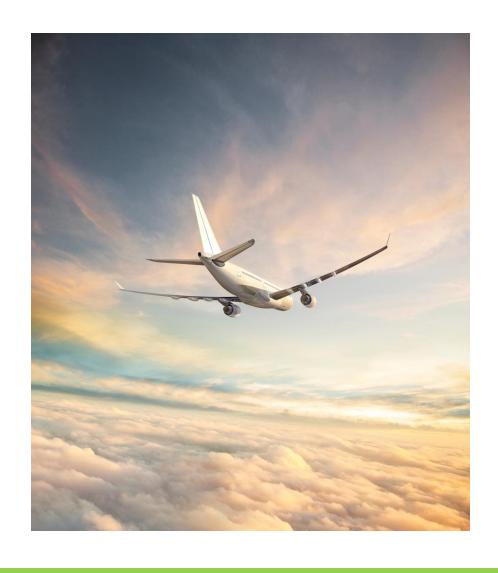


Role of the new national peak body

- National systemic advocacy
- Engagement with families, carers and kin nationally including those previously under-represented or not connected to advocacy organisations
- Reaching diverse populations
- Collaborating with the consumer peak
- Sector engagement







Current establishment activities

Converting to a Company Limited by Guarantee

Mental Health Carers

- Governing polices and procedures
- Recruitment
- Subscribers' portal
- Setting up payroll and accounting
- Establishment Reference Group
- Change in membership structure and board
- MHCA will continue to be the peak same ABN and name



Future activities

- Deep listening tours hearing directly from family, carers and kin
- Two weeks every year in First Nations communities
- Quarterly online policy forums
- Leadership program and paid participation opportunities
- Forums and events



- Policy development, advocacy and submissions
- Sector and stakeholder engagement
- Amplifying the voices of others working in allyship

